

unhealthy relationship RED FLAGS

Does your partner...

- Use social media or texting to cheat or harass?
- Keep secrets?
- Block you from cell phone(s) or the internet?
- · Manipulate you with lies or promises?
- · Get jealous easily or accuse you of having an affair?
- · Have abuse in the family history?
- Throw objects at you or destroy your property?
- Make you account for every moment you are away?
- · Restrain you?
- · Ridicule you?
- •Threaten to hurt you, your children or your pets?
- Threaten or force you to have sex?
- Make you feel like you don't have the right to say "no" or disagree?
- · Isolate you from family, friends or work?
- · Make all the decisions in the home for you?
- · Have previous contact with the justice system?
- · Control all the money?
- · Have weapons?
- Experience behavioral changes with drugs or alcohol?

Petrosino Personal Well Being Foundation

"Changing Lives for a Better Tomorrow"



P.O. Box 4711 208 E. Cuyahoga Falls Ave. Akron, OH, 44310 Phone: (330) 929-0613

Web: www.petrosinowellbeingfoundation.org



healthy relationship GREEN FLAGS

Does your partner...

- View you as an equal?
- Respect you and treat you fairly?
- Make you feel safe emotionally and physically?
- Listen to you?
- Discuss disagreements peacefully?
- Allow the relationship go at your pace?
- · Act as a positive role model for your children?
- · Value your opinions?
- · Communicate openly and honestly?
- Support your goals in life?
- Make family and money decisions together with you?
- Compromise?
- Have a positive image of family?

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