



## unhealthy relationship **RED FLAGS**

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### Does your partner...

- Uses social media, or “texting” to cheat or harass?
  - Keeps secrets?
  - Blocks you from cell phone(s) or the internet?
  - Manipulate you with lies or promises?
  - Get jealous easily or accuse you of having an affair?
  - Have abuse in family history?
  - Throw objects at you or destroy your property?
  - Make you account for every moment you are away?
  - Restrain you?
  - Ridicule you?
  - Threaten to hurt you, your children or your pets?
  - Threaten or force you to have sex?
  - Make you feel you don't have the right to say “no” or disagree?
  - Isolate you from family, friends, work?
  - Make all of the decisions in the home for you?
  - Have previous contact with the justice system?
  - Control all of the money?
  - Have weapons?
  - Experience behavior change with drugs/alcohol?
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## Petrosino Well Being Foundation

*“Changing Lives for a Better Tomorrow”*



- Heal
- Protect
- Thrive

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*The Petrosino Well Being Foundation is a 501(C)3 non-profit organization.*



## healthy relationship **GREEN FLAGS**

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### Does your partner...

- View you as an equal?
  - Respect you and treat you fairly?
  - Make you feel safe emotionally and physically?
  - Listen to you?
  - Discuss disagreements peacefully?
  - Allow the relationship to go at your pace?
  - Act as a positive role model for your children?
  - Value your opinions?
  - Communicate openly and honestly?
  - Support your goals in life?
  - Make family and money decisions together with you?
  - Compromise?
  - Have a positive image of family?
  - Make your friends and family feel comfortable?
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